# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

**Accurate as of 12/10/2024**

### Times for Monday 27 May

| Time | Session | Facility |
|---|---|---|
| 06:30 - 10:30 | Public Swimming | Swimming Pool |
| 08:00 - 12:00 | Public Swimming | Swimming Pool |
| 09:00 - 12:00 | Swimming Lessons | Swimming Pool |
| 12:00 - 13:15 | Adults Only | Swimming Pool |
| 13:30 - 14:30 | Mermaid Swim | Swimming Pool |
| 14:45 - 16:00 | Half Price Family Swims | Swimming Pool |