

# Fleetwood Fitness Classes

## Fleetwood YMCA Leisure Centre

Accurate as of 05/05/2024

| Times for Saturday 23 February |          |                         |            |
|--------------------------------|----------|-------------------------|------------|
| Time                           | Session  | Facility                | Instructor |
| 09:15 - 10:00                  | Circuits | Y:Active Fitness Studio | Lindsey    |