## Fleetwood Fitness Classes Fleetwood YMCA Leisure Centre

## Accurate as of 18/05/2024

| Times for Thursday 2 May |                 |               | •          |
|--------------------------|-----------------|---------------|------------|
| Time                     | Session         | Facility      | Instructor |
| 11:30 - 12:30            | Gentle Exercise | Sports Hall   | Julie      |
| 17:45 - 18:30            | Spinning        | Spinning Room | Keith      |