Fleetwood Fitness Classes Fleetwood YMCA Leisure Centre

Accurate as of 23/04/2024

| Times for Thursday 9 April | | | |
|----------------------------|-----------------|---------------|------------|
| Time | Session | Facility | Instructor |
| 11:30 - 12:30 | Gentle Exercise | Sports Hall | Julie |
| 17:45 - 18:30 | Spinning | Spinning Room | Keith |