

# Inspire: Luton Sports Village

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Accurate as of 22/12/2024

### Times for Sunday 22 December



Time	Session	Facility
07:50 - 08:35	Aqua Fit	Community Pool (20m)
08:00 - 12:00	Swim Club	Competition Pool (50m)
08:00 - 12:00	Lane Swim (50m Reduced Lanes)	Competition Pool (50m)
08:45 - 09:30	Aqua Fit	Community Pool (20m)
09:45 - 10:45	Leisure Swim	Community Pool (20m)
11:00 - 12:00	Private Booking	Community Pool (20m)
12:30 - 13:30	Fun Time Splash! (Shallow Water 0.86m)	Community Pool (20m)
12:30 - 16:00	Dive Training	Competition Pool (50m)
12:30 - 16:00	Leisure Swim with Lanes (25m)	Competition Pool (50m)
13:40 - 14:40	Fun Time Splash! (Deep Water 1.2m)	Community Pool (20m)
14:50 - 15:50	Leisure Swim (Banded Sessions)	Community Pool (20m)
16:15 - 17:00	Women & Children-Only (Banded Session)	Community Pool (20m)
16:30 - 20:00	Swim Club	Competition Pool (50m)