

Inspire: Luton Sports Village

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Accurate as of 22/12/2024

Times for Saturday 28 December



Time	Session	Facility
07:00 - 12:00	Swim Club	Competition Pool (50m)
08:00 - 08:45	Aqua Zumba®	Community Pool (20m)
08:00 - 12:00	Lane Swim (50m Reduced Lanes)	Competition Pool (50m)
09:00 - 10:45	Leisure Swim	Community Pool (20m)
11:00 - 12:00	Fun Time Splash! (Shallow Water 0.86m)	Community Pool (20m)
12:30 - 13:30	Fun Time Splash! (Deep Water 1.2m)	Community Pool (20m)
12:30 - 16:00	Leisure Swim with Lanes (25m)	Competition Pool (50m)
13:45 - 14:30	Leisure Swim (Banded Sessions)	Community Pool (20m)
15:00 - 15:45	Men & Children-Only	Community Pool (20m)