

# Ansdell YMCA Class Timetable

## Ansdell Ymca Arena

Accurate as of 18/05/2024

Times for Monday 7 October			
Time	Session	Facility	Instructor
18:00 - 19:00	Maddy's Fitness Class	Activity Hall	Maddy
20:00 - 21:00	Circuit Training	Main Hall	Ian Nixon