Ansdell YMCA Class Timetable

Ansdell Ymca Arena

Accurate as of 03/05/2024

Times for Monday 20 January				©
Time	Session	Facility	Instructor	
18:00 - 19:00	Maddy's Fitness Class	Activity Hall	Maddy	
20:00 - 21:00	Circuit Training	Main Hall	Ian Nixon	