


# St Annes Adult Classes and Activities

## Ymca (St Annes)

Accurate as of 14/05/2024

Times for Saturday 2 March				
Time	Session	Facility	Instructor	
09:00 - 10:00	Super Spin	Studios	Mike	
09:15 - 10:15	Body Combat	Sports Hall	Naomi	
10:15 - 11:00	Spinning	Studios	Mike	