

# St Annes Adult Classes and Activities

## Ymca (St Annes)

Accurate as of 04/05/2024

### Times for Sunday 5 May



Time	Session	Facility	Instructor
09:00 - 09:30	Tabata	Studios	Hayley
09:30 - 10:30	Body Conditioning	Studios	
09:45 - 10:15	Body Attack	Studios	Hayley