## **St Annes Adult Classes and Activities Ymca (St Annes)**

Accurate as of 29/04/2024

| Times for Sunday 25 August |             |          |            | • |
|----------------------------|-------------|----------|------------|---|
| Time                       | Session     | Facility | Instructor |   |
| 09:00 - 09:30              | Tabata      | Studios  | Hayley     |   |
| 09:45 - 10:15              | Body Attack | Studios  | Hayley     |   |