

St Annes Adult Classes and Activities

Ymca (St Annes)

Accurate as of 19/04/2024

Times for Saturday 19 October



Time	Session	Facility	Instructor
09:00 - 10:00	Spinning	Studios	Mike
09:15 - 10:15	Body Combat	Studios	Phil
10:15 - 11:00	Spinning	Studios	Mike