St Annes Adult Classes and Activities Ymca (St Annes)

Accurate as of 03/05/2024

Times for Saturday 18 July			
Time	Session	Facility	Instructor
09:00 - 10:00	Super Spin	Studios	Mike
09:15 - 10:15	Body Combat	Sports Hall	Naomi
10:15 - 11:00	Spinning	Studios	Mike
10:30 - 11:30	Pilates	Studios	Les