

# St Annes Adult Classes and Activities

## Ymca (St Annes)

Accurate as of 29/04/2024

### Times for Sunday 28 April



Time	Session	Facility	Instructor
09:00 - 09:30	Tabata	Studios	Hayley
09:30 - 11:00	Yoga	Studios	John
09:45 - 10:15	Body Attack	Studios	Hayley