

# Thornton Adult Classes

## Ymca (Thornton Health And Fitness Centre)

Accurate as of 15/05/2024

| Times for Sunday 3 March |         |          |            |
|--------------------------|---------|----------|------------|
| Time                     | Session | Facility | Instructor |
| 09:45 - 10:45            | Hi Lo   | Studio 1 | Alison M   |