## **CALDICOT POOL PROGRAMME**

## **Caldicot Leisure Centre**

## Accurate as of 20/04/2024

Times for Wednesday	/ 8 April		•
Time	Session	Facility	# Lanes
06:30 - 08:30	Public Swim (4 Lanes in Pool)	Pool	4
07:15 - 22:00	Sauna/Steam	Sauna	
12:00 - 13:00	Public Swim (2 Lanes in Pool)	Pool	2
19:30 - 20:15	Aqua Running	Pool	
20:15 - 21:45	Adult Swim (4 Lanes in Pool)	Pool	4