# Abergavenny Fitness Class Timetable Abergavenny Leisure Centre 

| Times for Tuesday 21 January |  |  |  |
| :--- | :--- | :--- | :--- |
| Time | Session | Facility | Level |
| $17: 30-18: 15$ | Spin | Cafe | All |
| $18: 30-19: 15$ | Stretch \& Tone | NEW Fitness Studio | All |

