

Abergavenny Fitness Class Timetable

Abergavenny Leisure Centre

Accurate as of 19/04/2024

Times for Saturday 25 January



| Time | Session | Facility | Level |
|---------------|-----------|-------------|-------|
| 09:15 - 10:00 | Boot Camp | Sports Hall | All |
| 10:30 - 11:15 | Spin | Cafe | All |