


Pool sessions timetable

Albert Avenue Pools

Accurate as of 03/05/2024

| Times for Tuesday 2 July | | |  |
|--------------------------|---|------------|---|
| Time | Session | Facility | |
| 7:00 am - 9:00 am | Adults only swimming | Large Pool | |
| 7:00 am - 9:00 pm | Leisure centre closed | Large Pool | |
| 9:00 am - 11:00 am | Woman's only swim | Large Pool | |
| 9:00 am - 12:00 pm | Swimming lessons (no public sessions) | Small Pool | |
| 9:00 am - 3:30 pm | Pool closed | Large Pool | |
| 4:00 pm - 6:30 pm | Swimming lessons (no public sessions) | Small Pool | |
| 7:15 pm - 8:00 pm | Aqua fitness | Large Pool | |
| 7:15 pm - 9:00 pm | Adult only swimming (shared pool with aqua class) | Large Pool | |
| 7:30 pm - 8:15 pm | Aqua fitness | Large Pool | |
| 7:30 pm - 8:15 pm | Aqua fitness | Large Pool | |