


# Pool sessions timetable

## Albert Avenue Pools

Accurate as of 18/05/2024

Times for Tuesday 3 December			
Time	Session	Facility	
7:00 am - 9:00 am	Adults only swimming	Large Pool	
7:00 am - 9:00 pm	Leisure centre closed	Large Pool	
9:00 am - 11:00 am	Woman's only swim	Large Pool	
9:00 am - 12:00 pm	Swimming lessons (no public sessions)	Small Pool	
9:00 am - 3:30 pm	Pool closed	Large Pool	
4:00 pm - 6:30 pm	Swimming lessons (no public sessions)	Small Pool	
7:15 pm - 8:00 pm	Aqua fitness	Large Pool	
7:15 pm - 9:00 pm	Adult only swimming (shared pool with aqua class)	Large Pool	
7:30 pm - 8:15 pm	Aqua fitness	Large Pool	
7:30 pm - 8:15 pm	Aqua fitness	Large Pool	