

# Pool sessions timetable

## Albert Avenue Pools

Accurate as of 12/03/2025

### Times for Tuesday 11 March



Time	Session	Facility
7:15 am - 8:00 am	Adult Outdoor Cold Water Swim	Lido
8:00 am - 8:45 am	Adult Outdoor Cold Water Swim	Lido
9:00 am - 11:30 am	Public Swimming	Large Pool
4:00 pm - 6:00 pm	Public Swimming	Large Pool
6:30 pm - 7:15 pm	Aqua Fit	Large Pool
7:15 pm - 9:00 pm	Adults only swimming	Large Pool