Pool sessions timetable Albert Avenue Pools

Accurate as of 12/03/2025

Times for Wednesday 12 March		
Time	Session	Facility
7:00 am - 9:00 am	Adults only swimming	Large Pool
9:00 am - 12:00 pm	Public Swimming	Large Pool
12:45 pm - 1:45 pm	Disability swimming	Large Pool
4:00 pm - 6:15 pm	Public Swimming	Large Pool
6:45 pm - 7:30 pm	Aqua Fit	Large Pool