

# Pool sessions timetable

## Ennerdale Leisure Centre

Accurate as of 19/05/2024

Times for Thursday 2 May

Time	Session	Facility
7:30 am - 9:20 am	Adults only swimming	Large Pool
9:30 am - 12:00 pm	Adults Only Swimming (deep end only, no non-swimmers)	Large Pool
12:00 pm - 2:00 pm	Public Swimming	Large Pool
2:00 pm - 2:45 pm	Aqua fitness	Large Pool
3:00 pm - 6:00 pm	Public Swimming	Large Pool
8:00 pm - 10:00 pm	Adults only swimming	Large Pool