


# Pool sessions timetable

## Woodford Leisure Centre

Accurate as of 03/05/2024

Times for Monday 18 February			
Time	Session	Facility	
7:00 am - 9:15 am	Adults only swimming	Main Pool	
8:00 pm - 9:00 pm	Adults only swimming	Main Pool	
8:00 pm - 9:00 pm	Adults only swimming	Teaching Pool	