

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 20/04/2024

Times for Monday 18 February



Time	Session	Facility
7:00 am - 9:15 am	Adults only swimming	Main Pool
8:00 pm - 9:00 pm	Adults only swimming	Main Pool
8:00 pm - 9:00 pm	Adults only swimming	Teaching Pool