

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 26/04/2024

Times for Wednesday 20 February



Time	Session	Facility
7:00 am - 9:15 am	Adults only swimming	Main Pool
6:30 pm - 7:15 pm	Aqua fitness	Leisure Pool
8:00 pm - 9:00 pm	Adults only swimming	Teaching Pool
8:15 pm - 9:00 pm	Adults only swimming	Main Pool