Pool sessions timetable

Woodford Leisure Centre

Accurate as of 12/10/2024

Times for Thursday 25 April

Time	Session	Facility
7:00 am - 9:15 am	Adults only swimming	Main Pool
9:00 am - 10:00 am	Adults only swimming	Leisure Pool
9:00 am - 9:30 pm	Leisure centre closed for bank holiday	Leisure Pool
9:00 am - 9:30 pm	Leisure centre closed for bank holiday	Leisure Pool
9:15 am - 10:30 am	Adult only swimming (shared pool with aqua class)	Main Pool
9:30 am - 10:15 am	Aqua Fit	Main Pool
10:00 am - 12:00 pm	Pool closed for essential maintenance	Leisure Pool
10:00 am - 12:00 pm	Disability swimming	Teaching Pool
10:15 am - 12:00 pm	Disability swimming	Leisure Pool