

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 17/05/2025

Times for Sunday 16 June



Time	Session	Facility
12:00 pm - 1:00 pm	Pool closed for essential maintenance	Leisure Pool
2:00 pm - 3:00 pm	Adults only swimming	Main Pool
2:00 pm - 3:00 pm	Adults only swimming	Teaching Pool