

# Pool sessions timetable

## Woodford Leisure Centre

Accurate as of 27/07/2024

### Times for Sunday 28 July



Time	Session	Facility
9:00 am - 10:00 am	Adults only swimming	Main Pool and Teaching Pool
9:00 am - 12:00 pm	Public Swimming	Leisure Pool
10:00 am - 2:45 pm	Public Swimming	Main Pool and Teaching Pool
1:00 pm - 4:00 pm	Public Swimming	Leisure Pool