

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 20/08/2024

Times for Monday 26 August



Time	Session	Facility
8:00 am - 9:30 am	Adults only swimming	Main Pool and Teaching Pool
9:00 am - 12:00 pm	Public Swimming	Leisure Pool
9:30 am - 2:00 pm	Public Swimming	Main Pool and Teaching Pool
1:00 pm - 4:30 pm	Public Swimming	Leisure Pool
2:30 pm - 4:00 pm	Adults only swimming	Main Pool and Teaching Pool