

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 18/10/2024

Times for Sunday 29 September



Time	Session	Facility
9:00 am - 10:00 am	Adults only swimming	Main Pool
9:00 am - 10:00 am	Adults only swimming	Teaching Pool
9:00 am - 12:00 pm	Public Swimming	Leisure Pool
10:00 am - 2:45 pm	Public Swimming	Main Pool
10:00 am - 2:45 pm	Public Swimming	Teaching Pool
1:00 pm - 4:00 pm	Public Swimming	Leisure Pool