

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 22/12/2024

Times for Tuesday 24 December



| Time | Session | Facility |
|--------------------|----------------------|-----------------------------|
| 7:00 am - 9:00 am | Adults only swimming | Main Pool and Teaching Pool |
| 9:00 am - 12:00 pm | Public Swimming | Leisure Pool |
| 9:00 am - 1:30 pm | Public Swimming | Main Pool and Teaching Pool |
| 1:00 pm - 3:30 pm | Public Swimming | Leisure Pool |
| 2:00 pm - 3:00 pm | Adults only swimming | Main Pool and Teaching Pool |