Caldicot Fitness Class Timetable

Caldicot Leisure Centre

Accurate as of 04/05/2024

Times for Thursday 23 January

Time	Session	Facility	Level
11:15 - 12:10	FIT 4 Life Easyline	Dance Studio	All (G/P)
14:15 - 15:10	FIT 4 Life Easyline	Dance Studio	All (G/P)
18:15 - 19:00	Spin	Dance Studio	All
19:00 - 20:00	Yoga	Dance Studio	All