

Chepstow Fitness Class Timetable

Chepstow Leisure Centre

Accurate as of 03/05/2024

Times for Thursday 16 January



Time	Session	Facility	Level
09:15 - 10:00	Yoga	Dance Studio	All
10:30 - 11:15	Yoga	Dance Studio	All
11:00 - 11:45	Gentle Exercise	Dance Studio	All (G/P)
13:00 - 13:45	Gentle Exercise	Dance Studio	All (G/P)