## **Pool Programme**Fenton Manor Sports Complex

Accurate as of 06/09/2024

Times for Wednesday 11 September				<b>(</b>
Time	Session	Facility	Туре	
7:00 am - 9:00 am	Early Birds	Main Pool	General Swimming	
9:15 am - 12:00 pm	Leisure Swim	Main Pool	General Swimming	
12:10 pm - 1:10 pm	Fitness Swim	Main Pool	Fitness Swimming	
12:15 pm - 1:15 pm	Aquatots 0-7	Small Pool	Children's Swimming	
1:30 pm - 4:15 pm	Leisure Swim	Main Pool	General Swimming	
3:15 pm - 4:00 pm	Aquatots 0-7	Small Pool	Children's Swimming	
4:00 pm - 6:45 pm	Leisure Swim	Small Pool	General Swimming	
4:30 pm - 7:00 pm	Fitness Swim	Main Pool	Fitness Swimming	
7:30 pm - 9:45 pm	Ladies Only 16+	Main Pool	General Swimming	