

Pool Programme

Fenton Manor Sports Complex

Accurate as of 22/12/2024

Times for Monday 23 December



Time	Session	Facility	Type
7:00 am - 9:00 am	Early Birds	Main Pool	General Swimming
10:15 am - 11:45 am	Leisure Swim	Main Pool	General Swimming
12:00 pm - 1:15 pm	Fitness Swim	Main Pool	Fitness Swimming
12:45 pm - 1:15 pm	Interactive Aquatots	Small Pool	Swimming
1:30 pm - 4:15 pm	Leisure Swim	Main Pool	General Swimming
3:15 pm - 4:00 pm	Aquatots 0-7	Small Pool	Children's Swimming
4:30 pm - 7:00 pm	Fitness Swim	Main Pool	Fitness Swimming
7:30 pm - 8:15 pm	Aqua Fit	Main Pool	Aqua Exercise
8:15 pm - 9:15 pm	Adults Only	Main Pool	General Swimming