

# Pool Programme

## Fenton Manor Sports Complex

Accurate as of 22/12/2024

### Times for Friday 27 December



Time	Session	Facility	Type
7:00 am - 10:00 am	Early Birds	Main Pool	General Swimming
10:00 am - 11:30 am	Aquatots 0-7	Small Pool	Children's Swimming
10:15 am - 11:45 am	Leisure Swim	Main Pool	General Swimming
11:30 am - 12:15 pm	Aqua Fit	Variable Depth Pool	Aqua Exercise
12:00 pm - 1:15 pm	Fitness Swim 16+	Main Pool	Swimming
1:30 pm - 3:00 pm	Leisure Swim	Main Pool	General Swimming