

# New Horizons Pool Programme

## New Horizons Sport And Leisure Centre

Accurate as of 02/09/2024

Times for Tuesday 27 August			
Time	Session	Facility	
1:00 pm - 2:00 pm	Fitness Swim	Main Pool	
2:00 pm - 3:00 pm	Family Swim	Main Pool	
4:00 pm - 5:30 pm	Leisure Swim	Main Pool	
7:00 pm - 8:00 pm	Ladies Only 16+	Main Pool	
8:00 pm - 9:00 pm	Adults Only	Main Pool	