## **New Horizons Pool Programme** New Horizons Sport And Leisure Centre

Accurate as of 04/09/2024

Times for Tuesday 27 August		
Time	Session	Facility
1:00 pm - 2:00 pm	Fitness Swim	Main Pool
2:00 pm - 3:00 pm	Family Swim	Main Pool
4:00 pm - 5:30 pm	Leisure Swim	Main Pool
7:00 pm - 8:00 pm	Ladies Only 16+	Main Pool
8:00 pm - 9:00 pm	Adults Only	Main Pool