

# New Horizons Pool Programme

## New Horizons Sport And Leisure Centre

Accurate as of 04/09/2024

### Times for Wednesday 28 August



Time	Session	Facility
1:00 pm - 2:00 pm	Fitness Swim	Main Pool
2:00 pm - 3:00 pm	Family Swim	Main Pool
8:00 pm - 9:00 pm	Adults Only	Main Pool