

Zest Swim Timetable

Northallerton Leisure Centre

Accurate as of 17/05/2025

Times for Friday 20 July



Time	Session	Facility	Level
06:45 - 09:00	General Lanes	Main Pool	Lanes Available
09:15 - 11:45	Schools	Main Pool	
12:00 - 13:00	Adult Lanes	Main Pool	Lanes Available
13:15 - 15:45	General Swim (F)	Main Pool	
16:00 - 17:00	Junior Lessons	Main Pool	
17:00 - 18:30	Big Swim	Main Pool	
18:30 - 19:15	Aquafit	Main Pool	Booking required