

# Wigan Life Centre: Pool sessions

## Wigan Life Centre

Accurate as of 05/09/2024

### Times for Monday 5 August



Time	Session	Facility
07:00 - 10:00	Casual Lanes Swim	Main Pool 2
08:00 - 10:00	Casual Lanes Swim	Main Pool 1
09:00 - 10:00	Family Swim	Small pool
10:00 - 12:00	NPLQ course	Main Pool - Deep End
10:15 - 11:00	Low Aqua	Main Pool - Shallow End
10:15 - 11:00	Swim Tots	Small pool
11:00 - 11:30	Parent and Child Lesson	Small pool
11:15 - 12:00	Low Aqua	Main Pool - Shallow End
11:30 - 12:00	Ducklings (must be pre-booked)	Small pool
12:00 - 16:00	Family Swim	Small pool
12:15 - 13:00	Casual Lanes Swim	Main Pool 1
12:15 - 18:00	Casual Swim	Main Pool 2
13:15 - 14:15	Gauntlet Inflatable (8-14yrs only)	Main Pool 1
14:30 - 16:00	NPLQ course	Main Pool 1
16:00 - 18:00	Swimming Lessons	Main Pool 1
16:00 - 19:00	Swimming Lessons	Small pool
18:00 - 21:00	Swim Club	Main Pool 2
19:00 - 19:30	Adult Swimming Lesson	Small pool
19:30 - 21:00	Fun & Floats	Small pool
20:00 - 21:00	Swim Club	Main Pool 1