

Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 23/11/2024

Times for Thursday 28 November



Time	Session	Facility
09:00 - 10:00	Eazy Fit	Studio 1
10:00 - 11:00	Riverlution	Studio 1
11:00 - 12:00	Body Blitz	Studio 1
11:00 - 12:00	Yoga	Studio 3
18:00 - 18:45	Les Mills RPM™	Studio 1
18:00 - 19:00	Les Mills BODYPUMP™	Studio 2
18:00 - 19:00	Yoga	Studio 3
18:00 - 19:00	Circuits	Main Hall
19:00 - 20:00	Les Mills BODYPUMP™	Studio 1