

# Zest Group Fitness Timetable

## Northallerton Leisure Centre

Accurate as of 27/12/2024

### Times for Saturday 28 December



Time	Session	Facility	Level
09:30 - 10:15	Virtual Cycling	Studio	
11:00 - 11:45	Virtual Cycling	Studio	Spin
12:30 - 13:15	Virtual Cycling	Studio	Spin
14:00 - 14:45	Virtual Cycling	Studio	