

Zest Junior Timetable

Northallerton Leisure Centre

Accurate as of 19/05/2024

Times for Saturday 6 April

| Time | Session | Facility |
|---------------|--------------------------------|-------------|
| 09:00 - 12:00 | Trampolining (6 yrs+) | Sports Hall |
| 09:30 - 11:30 | Gymnastics (Advanced 5 yrs +) | Sports Hall |
| 10:00 - 12:00 | Max Gym | Gym |
| 14:30 - 15:30 | karate (5 yrs +) | Sports Hall |