

Zest Gym Timetable

Northallerton Leisure Centre

Accurate as of 30/04/2024

Times for Tuesday 20 March



| Time | Session | Facility |
|---------------|------------------|----------|
| 06:45 - 21:30 | Opening Times | Gym |
| 07:00 - 21:30 | Instructed Times | Gym |
| 15:30 - 17:00 | Max Gym | Gym |