


Zest Gym Timetable

Northallerton Leisure Centre

Accurate as of 01/05/2024

Times for Friday 23 March			
Time	Session	Facility	
06:45 - 21:30	Opening Times	Gym	
07:30 - 19:30	Instructed Times	Gym	
15:30 - 17:00	Max Gym	Gym	