## **Zest Gym Timetable Northallerton Leisure Centre**

## Accurate as of 28/04/2024

| Times for Sunday 23 September |                  |          |
|-------------------------------|------------------|----------|
| Time                          | Session          | Facility |
| 08:00 - 17:30                 | Opening Times    | Gym      |
| 09:30 - 16:30                 | Instructed Times | Gym      |
| 10:00 - 12:00                 | Max Gym          | Gym      |