

Zest Gym Timetable

Northallerton Leisure Centre

Accurate as of 02/05/2024

Times for Saturday 29 September



| Time | Session | Facility |
|---------------|------------------|----------|
| 08:30 - 16:00 | Instructed Times | Gym |
| 08:30 - 17:00 | Opening Times | Gym |
| 10:00 - 12:00 | Max Gym | Gym |