

# Zest Gym Timetable

## Northallerton Leisure Centre

Accurate as of 01/05/2024

### Times for Sunday 23 December



Time	Session	Facility
08:00 - 17:30	Opening Times	Gym
09:30 - 16:30	Instructed Times	Gym
10:00 - 12:00	Max Gym	Gym