## Zest Group Fitness Timetable Bedale Leisure Centre

## Accurate as of 18/05/2024

Times for Sunday 5 May				<b>(</b> )
Time	Session	Facility	Level	
09:00 - 09:45	Group Cycle Connect	Studio	High-Energy	
10:00 - 10:45	Virtual Group Cycle	Studio	High-Energy	