Zest Swim Timetable

Bedale Leisure Centre

Accurate as of 25/04/2024

Times for Monday 24 September

Time	Session	Facility	Level
06:45 - 09:00	General Lanes	Pool	Lanes Available
12:30 - 13:15	Adult Lanes	Pool	Lanes Available
15:45 - 17:15	Junior Lessons	Pool	
17:15 - 18:00	General Swim	Pool	
18:15 - 19:00	Aquafit	Pool	Pool based
19:15 - 20:45	Adult Lesssons	Pool	